

RESOURCES TO ASSIST FISHER-TITUS EMPLOYEES & THEIR FAMILY MEMBERS



Fisher-Titus Employee Assistance Program (EAP)

Designed to help employees and their immediate family members resolve personal problems. It provides problem assessment, referrals, short-term counseling and is a **confidential** program. EAP services are provided at no cost to Fisher-Titus employees and their immediate family members and Fisher-Titus will cover up to 3 sessions per calendar year.

Fisher-Titus Employee Assistance Program (EAP) provides counseling to cover:

- Conflicts at work
- Family/Marital Problems
- Physical or Emotional Abuse
- Domestic Violence
- Legal Issues
- Financial Problems
- Life Coaching
- Emotional Health
- Video Counseling & Face to Face Support
- Parenting, Child Care & Elder Care
- Addiction & Recovery

Call directly to any of our EAP Counseling Resources:

- Fisher-Titus Behavioral Health: 419-668-0311
- Family Health Services: 419-219-9776
- Firelands Counseling and Recovery Services: 419-663-3737

Please identify yourself as a Fisher-Titus Employee or family member when scheduling to ensure accurate billing. Appointments are available during day and evening hours.

Lincoln Financial Group

Fisher-Titus partners with Lincoln Financial Group to provide multiple programs to assist with everyday life. These confidential programs are constructed to help employees lead a happier and more productive life at home and at work.

Free Programs Lincoln Financial Group Provides:

- Up to 5 in-person counseling sessions through Guidance Resources
- Legal support
- Financial services
- Help with everyday life

For more information about the program, visit [GuidanceResources.com](https://www.guidanceresources.com), download the GuidanceNow mobile app, or call 888-628-4824.

- Username: LFGSupport
- Password: LFGSupport1

To enroll, identify yourself as a Fisher-Titus Health employee.

Employer Resource Network (ERN)

The Employer Resource Network (ERN) is a free **confidential** program offered to help employees alleviate everyday stresses and solve challenges.

Employer Resource Network (ERN) provides assistance related to:

- Stress reduction
- Childcare assistance
- Financial pressures
- Public benefits
- Relationship conflicts
- Aging parents
- Substance abuse
- Transportation
- Housing & foreclosure
- Education & Training

Contact Susan Shickley by phone at 419.975.0006 or by email at susan@firelandsforward.com.