



## health screening services rider

### Health Screening Services benefit for Group Critical Illness Insurance

**Your supplemental insurance includes a Health Screening Services Rider that pays you and your covered family members to stay healthy!** You don't need a diagnosis or hospital stay to file a claim and get cash back in your pocket. Plus, there are no restrictions on how you spend your payment – the choice is yours.

#### Here's how the Health Screening Services benefit works:

- ✓ You or an eligible family member undergoes a covered exam
- ✓ You file your claim with Allstate Benefits
- ✓ We pay your claim in as little as 48 hours (when you choose direct deposit)

The Health Screening Services benefit pays you once per calendar year per covered person. Your employer chooses which health screenings to include in your coverage. Benefits can be paid for a variety of screenings and preventive services, including:

- Cancer screenings and biopsies
- Colonoscopy
- Mammography
- Lipid panel for total cholesterol count
- Dental exams and eye exams
- Immunizations

Please review your coverage certificate or the product brochure to see which screenings, exams, and preventive services your employer has chosen and to see how much this benefit pays you and your covered family members.

#### Filing your Health Screening Services Benefit claim online

- Register with MyBenefits at [www.allstatebenefits.com/mybenefits](http://www.allstatebenefits.com/mybenefits)
- With direct deposit, you can have your money in your bank account in about 48 hours

#### Filing your claim by mail or fax

- Go to [www.allstate.com/allstate-benefits/main.aspx](http://www.allstate.com/allstate-benefits/main.aspx), select **For Employees**, and click **Resources and Forms**
- Download the **Critical Illness Claim Form**
- Complete the form and send it to Allstate Benefits using the contact information provided

**Allstate Benefits – helping you live your life well protected**