



## outpatient physician's treatment for accident and preventive care (OPH) benefit

### GET YOUR BENEFIT PAYMENT

**Here's how** you and your covered family members get your benefit payments:

- You or a covered family member sees a doctor outside of a hospital for preventive care or for treatment due to an accidental injury.
- You file your benefit claim with Allstate Benefits.
- We pay your claim in as little as 48 hours (when you choose direct deposit), and you can spend the money however you wish.

This benefit is payable once per day, per covered person, and is limited to:

- two days per covered person, per calendar year; and
- a maximum of four days per calendar year if coverage includes dependents.

Please see your coverage certificate for eligible preventive care and benefit amounts.

### Your supplemental insurance includes the Outpatient Physician's Treatment for Accident and Preventive Care benefit.

This benefit pays you and/or your covered family members when you undergo preventive care or when you are treated for an accidental injury by a physician outside of a hospital.

Eligible preventive care includes an annual physical with a primary care physician, annual dental exam with a dentist, annual eye exam with an ophthalmologist, annual children's wellness check with a pediatrician, and more.

### Fast claims on the go – we have an app for that!

Download our app to file fast, secure claims on the go. You can also check your claim status and view your coverage and benefit information. Scan one of the QR codes below to get started.



Android



Apple

### Filing your claim online

Register with MyBenefits at [www.mybenefits.allstate.com](https://www.mybenefits.allstate.com)

Choose your coverage type, then select the option to file a claim under the Outpatient Physician's Treatment for Accident and Preventive Care benefit.

Enter your claim details and supporting documents, like your doctor's bill/invoice.

### Claims by mail or fax

You can mail or fax your claim to us by visiting <https://www.allstate.com/allstate-benefits/resources-and-forms.aspx> and downloading your claim form. Complete the form and return it to us using the contact information on the form.

Available forms:

- Supplemental insurance claim forms
- Service request forms – to request changes to your coverage or benefits
- Beneficiary designation forms
- Claim supporting document forms
- Medical authorization forms

The Outpatient Physician's Treatment for Accident and Preventive Care benefit from Allstate Benefits helps you live your life well protected.

**This material is valid as long as information remains current, but in no event later than June 15, 2026.**

The coverage provided is limited benefit supplemental insurance. Outpatient Physician's Treatment for Accident and Preventive Care Benefit Rider benefits are provided under rider form GP6OPH, or state variations thereof. Allstate Benefits is the marketing name used by American Heritage Life Insurance Company (Home Office, Jacksonville, FL), a subsidiary of The Allstate Corporation. ©2023 Allstate Insurance Company.