

Benefit Resources 2023

Benefit / Vendor	Phone/Hours/E-mail/Fax	Website
General Benefits Information		
Sarah Bush Lincoln Human Resources	217-258-2501 or 217-348-2501 Monday – Friday 7:30 am - 4:30 pm humanresources@sblhs.org	SBL Intranet SBL Intranet/Employee Resources/Benefit & Retirement Links
Medical Benefits		
Consociate Health Group Number – C100102	800-798-2422 Precertification-AIMM-877-217-7695	https://consociatehealth.com
Pharmacy Benefits		
Express Scripts-Rx Benefits RXBIN: 610014 RxGRP: RXBSABU	800-334-8134 e-mail- RxHelp@rxbenefits.com	www.express-scripts.com
Dental Benefits		
Consociate Group Number - C100102	800-798-2422	https://consociatehealth.com
Vision Benefits		
Consociate Group Number - C100102	800-798-2422 Fax – 217-233-7252	https://consociatehealth.com
Flexible Spending Accounts (FSA)/ Personal Benefit Account (PBA)		
Consociate Flexible Spending Reimbursements Benny Card Balances Health Savings Account (HSA)	800-798-2422 Fax – 217-233-2281	www.consociatefsa.com
Critical Illness Insurance/Accident/Hospital Indemnity		
Reliance Standard	Critical Illness Policy#802139 Accident Policy #VAI858502 Hospital Indemnity Policy	ClaimsIntake@rsli.com www.RSLClaims.com
Universal Life with Long Term Care		
Transamerica		www.transamericaemployeebenefits.com
Life/Disability Insurance		
Reliance Standard To report a claim for Short Term Disability Policy#328435 Long Term Disability Policy#131394	1-855-775-2524	www.RSLClaims.com
Home and Auto Insurance		
Farmers Insurance	1-800-438-6381 Monday–Friday 8:00 am–6:00 pm EST	
Retirement Plan		
First Mid Investment Consultation	888-518-7878 or 217-258-3344	Email: retirement@firstmid.com
Fidelity Investments Customer Service Call Center	800-343-0860	www.netbenefits.com/sbl
Employee Wellness Program		
SBL Wellness	217-258-2140 or 217-348-2140	
Employee Assistance Program		
SBL Employee Assistance	217-258-4040 or 217-348-4040 866-567-2400 (24 hour line)	
ComPsych Additional Services provided to partner with SBL EAP	866-335-4913 800-697-0353	www.guidanceresources.com App: GuidanceNow/ Koa Foundations Web ID: SBL
Pharmacy Refill		
Prairie Medical Pharmacy	217-258-2411 or 217-348-2411	SBL Intranet – Prescription Refills