



Got everything?

Aetna Supplemental Health Plans

Prepare for the unexpected

Would you be financially ready if you had an accidental injury or a serious illness? The **Aetna® Accident and Critical Illness Plans** can help supplement your medical coverage.

How are these plans different from a major medical plan?

Medical plans pay **doctors and hospitals** directly for treatment related to your care. Unfortunately, medical plans usually don't cover 100 percent of the costs, leaving you to come up with the rest.

Medical plans also don't cover other expenses health events might impact, like daycare, rent and more if you're out of work.

However, Aetna Supplemental Health Plans pay benefits directly to you, providing extra cash when you need it most. They can help fill in the gaps, making them a great companion to your major medical plan.

How can you use the cash benefits?

It's completely up to you. You can put the money towards:

- Deductibles or co-pays
- Mortgage or rent
- Groceries or utility bills

And so much more! Use the benefits any way you choose.

Insurance plans are offered and/or underwritten by Aetna Life Insurance Company (Aetna).

Sinai Chicago



Preparing for the unexpected

An Aetna Accident Plan can help

Accidents happen when you least expect them. But an Aetna® Accident Plan can help you be more financially prepared. It pays you cash benefits when you or a covered family member are faced with a covered accidental injury on or off the job.

Be ready for when real life happens

Jorge's story*

"My 10-year-old son, Jorge, recently took a major tumble during a school soccer match and ended up with a painful broken leg."

"Between the ER visit, surgery, countless doctors' appointments, and physical therapy, the bills really added up. But my accident plan helped us make ends meet."

"It paid me cash to use toward my deductible, copays, and bills — even my car payment. And, filing a claim on the app was a breeze!"



Your plan — your benefits

Here's what your plan would pay if you're a member of the **accident plan** and experienced a situation like Jorge's.

Covered care	Benefit
Initial treatment — ER	\$200
X-ray	\$50
Broken leg (<i>surgically repaired, open reduction</i>)	\$4,000
Appliances (<i>crutches</i>)	\$150
Follow-up care visit	\$75
Physical therapy (<i>six visits</i>)	\$300
Organized sports (<i>25% additional</i>)	\$1,193.75
Total benefits paid	\$5,968.75

Covered Aetna Accident Plan benefits

For as little as **\$4.69 per week for employee + child(ren) coverage**, an Aetna Accident Plan helps you stay on top of your bills so you can help your son recover. Take a look at some of the benefits:

- Initial & follow-up care
- Hospital stay & surgical care
- Dislocations & fractures
- Burns
- Concussions
- Paralysis
- Accidental death & dismemberment
- Organized sports**
- Health screening



Want to learn more? Limits apply to the number of times a benefit is payable. Check out your benefit summary for a complete list of benefits, details, exclusions and limitations that apply.

*The above member story is for illustrative purposes and does not reflect events experienced by actual participants.

**The plan pays a higher percentage of benefits if a covered dependent child is injured while participating as a registered member of an organized sporting activity. Some benefits are excluded from the additional benefit percentage.

Facing a serious diagnosis

An Aetna Critical Illness Plan can help

Nobody is ever ready to receive a diagnosis of a serious illness. But an Aetna® Critical Illness Plan pays cash benefits to you if you're diagnosed with a covered illness or condition, after the coverage effective date. The extra money can provide some financial help, so you can focus on the road to recovery.

Support in times of need

Loretta's story*

"After a routine mammogram, I was diagnosed with breast cancer. Who can ever plan for something like that?"

"After surgery, chemo and many visits to the oncologist, my out-of-pocket medical costs really added up."

"Filing a claim online was so fast and easy. And the benefit was deposited directly into my account. The cash helped pay medical bills — plus childcare and groceries."



Your plan — your benefits

Here's what your plan would pay if you're a member of the **low \$5K critical illness plan** and experienced a situation like Loretta's.

Covered diagnosis	Benefit
Health screening	\$50
Cancer diagnosis (<i>invasive</i>)	\$5,000
Total benefits paid	\$5,050

Covered Aetna Critical Illness Plan benefits

For as little as **\$1.21 per week for a 36-year-old non-tobacco-user with family coverage**, an Aetna Critical Illness Plan can help ease some financial worries. Take a look at some of the benefits:

- Heart attack & stroke
- Major organ failure
- Invasive & non-invasive cancers
- Alzheimer's & lupus
- Infectious diseases (*including coronavirus***)
- Recurrence & subsequent illnesses***
- Health screening



Want to learn more? You have a choice of plan options. Limits may apply to the number of times a benefit is payable. If you or a covered dependent are diagnosed with two or more critical illnesses on the same day, we will pay the diagnosis with the highest benefit amount. Check out your benefit summary for a complete list of benefits, details, exclusions and limitations that apply.

*The above member story is for illustrative purposes and does not reflect events experienced by actual participants.

**Some infectious diseases, including coronavirus, require a hospital stay of at least five days for benefits to be paid.

***Aetna pays full face-amount benefits for recurrence (same) illness diagnoses that occur at least 180 treatment-free days after the initial diagnosis. A maintenance regimen is not considered treatment. Subsequent (different) illness diagnoses require no waiting period.

Facing a serious diagnosis

An Aetna Critical Illness Plan can help

Nobody is ever ready to receive a diagnosis of a serious illness. But an Aetna® Critical Illness Plan pays cash benefits to you if you're diagnosed with a covered illness or condition, after the coverage effective date. The extra money can provide some financial help, so you can focus on the road to recovery.

Support in times of need

*Hung's story**

"I knew my family had a history of heart disease. But I try to eat right and exercise, so my heart attack still took me by surprise. So did the stroke I had the following day."

"I'm expected to make a full recovery, but man — those bills! That's where my critical illness plan helped the most."

"Filing a claim online was fast and easy. And the benefits were deposited directly into my account. I used the cash for medical bills — plus it helped pay my mortgage."



Your plan — your benefits

Here's what your plan would pay if you're a member of the **high \$30K critical illness plan** and experienced a situation like Hung's.

Covered diagnosis	Benefit
Heart attack	\$30,000
Stroke (<i>subsequent diagnosis</i>)	\$30,000
Total benefits paid	\$60,000

Covered Aetna Critical Illness Plan benefits

For as little as **\$9.40 per week for a 43-year-old non-tobacco-user with employee + child(ren) coverage**, an Aetna Critical Illness Plan can help ease some financial worries.

Take a look at some of the benefits:

- Heart attack & stroke
- Major organ failure
- Invasive & non-invasive cancers
- Alzheimer's & lupus
- Infectious diseases (*including coronavirus***)
- Recurrence & subsequent illnesses***
- Health screening



Want to learn more? You have a choice of plan options. Limits may apply to the number of times a benefit is payable. If you or a covered dependent are diagnosed with two or more critical illnesses on the same day, we will pay the diagnosis with the highest benefit amount. Check out your benefit summary for a complete list of benefits, details, exclusions and limitations that apply.

*The above member story is for illustrative purposes and does not reflect events experienced by actual participants.

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Aetna Supplemental Health Plans

We make it simple

If you're eligible to enroll and apply for coverage, your acceptance is guaranteed. Cash benefits are paid directly to you and are not reduced by other insurance benefits you may have. You get access to negotiated group rates and the convenience of payroll deductions to pay your premiums. And, if you leave your company, you can take your plan with you.

More great benefits

- **Health screening:** The Aetna® Accident and Critical Illness Plans pay **\$50** per member per year when you or a covered dependent get a preventive health screening test. You could collect up to \$100 per year if you enroll in both plans. See the complete list of tests in your benefit summaries.
- **Organized sports:** The Aetna Accident Plan pays an additional **25 percent** of total benefits if a covered dependent child is injured while participating as a registered member of an organized sporting activity. Some benefits are excluded from the additional benefit percentage. See the complete list of exclusions in your benefit summary.

Aetna Easy File™

After you become a member, you'll enjoy an [Aetna Simplified Claims Experience™](#) on the **My Aetna Supplemental** app, or on our member portal at [Myaetnasupplemental.com](https://myaetnasupplemental.com). Filing claims is easy; just answer a few short questions online. You can also view your coverage and sign up for direct deposit.

To submit a claim, just upload or take a picture of your medical bill. You can also print and mail a paper claim form to Aetna Voluntary Plans.

What else do I need to know?

If you were enrolled in an accident or critical illness plan with the prior carrier, you will be automatically enrolled in a comparable Aetna plan effective **January 1, 2023**. Please continue to make claims with the prior carrier for events that occur prior to the effective date of your new coverage.

Got questions? Ready to enroll?

Visit your enrollment website to view more coverage details — including rates — and to enroll.

If you have questions about the plans, call Aetna Member Services at **1-800-607-3366 (TTY: 711)**, Monday through Friday, 8 AM to 6 PM.

Exclusions and limitations

These plans have exclusions and limitations. Refer to the actual policy and certificate to determine which benefits are not payable. The following is a partial list of services and supplies that are generally not covered. However, the plans may contain exceptions to this list based on state mandates or the plan design purchased.

Aetna Accident Plan exclusions and limitations

Benefits under the policy will not be payable for any care, service or supply for an accidental injury related to the following:

1. Act of war, riot, war;
2. Operating, learning to operate or serving as a pilot or crew member of any aircraft, whether motorized or not;
3. Assault, felony, illegal occupation, or criminal occupation;
4. Bacterial infections, except an infection which results from an accidental injury or an infection which results from an accidental, involuntary or unintentional ingestion of a contaminated substance;
5. Care provided by immediate family members or any household member;
6. Elective or cosmetic surgery;
7. Nutritional supplements;
8. Suicide or attempt at suicide, intentionally self-inflicted injury, or any attempt at self-inflicted injury, or any form of intentional asphyxiation, except when resulting from a diagnosed disorder;
9. Violating any cellular device use laws of the state in which the accident occurred, while operating a motor vehicle;
10. Accidental injury sustained while intoxicated or under the influence of any drug intoxicant, as defined and determined by the laws of the state where the loss or cause of the loss was incurred, including those prescribed by a physician that are not taken as directed.

We will not pay any benefits for a service or supply rendered or received that are not specifically covered or not related to an accidental injury.

The stay, visit or service must be on or after the effective date of coverage, while coverage is in force and take place in the United States or its territories.

Accident Policy form issued in Oklahoma include: GR-96841, AL HPOL-VOL Acc 01, AL HCOC-VOL Acc 01.

Accident Policy form issued in Missouri include: GR-96842 01, AL HPOL-VOL Acc 01, AL HCOC-VOL Acc 01.

Aetna Critical Illness Plan exclusions and limitations

Benefits under the policy will not be payable for a diagnosis related to the following:

1. Act of war, riot, war;
2. Assault, felony, illegal occupation, or other criminal act;
3. Care provided by immediate family members or any household member;
4. Suicide or attempt at suicide, intentionally self-inflicted injury, or any attempt at self-inflicted injury, or any form of intentional asphyxiation, except when resulting from a diagnosed disorder;
5. Being under the influence of a stimulant (such as amphetamines), depressant, hallucinogen, narcotic or any other drug intoxicant, as defined and determined by the laws of the state where the loss or cause of the loss was incurred, including those prescribed by a physician that are not taken as directed, except when resulting from a diagnosed disorder.

The critical illness date of diagnosis must be on or after the effective date of the certificate and while coverage is in force. The diagnosis must be given or received in the United States or its territories.

Critical Illness Policy form issued in Oklahoma include: GR-96843, AL HCOC-VOL CI 01, and AL HPOL-VOL CI 01

Critical Illness Policy form issued in Missouri include: GR-96844 01, AL HCOC-VOL CI 01 and AL HPOL-VOL CI 01

THESE PLANS DO NOT COUNT AS MINIMUM ESSENTIAL COVERAGE UNDER THE AFFORDABLE CARE ACT. THESE ARE A SUPPLEMENT TO HEALTH INSURANCE AND NOT A SUBSTITUTE FOR MAJOR MEDICAL COVERAGE.

These plans provide limited benefits. They pay fixed dollar benefits for covered services without regard to the health care provider's actual charges. The benefits payments are not intended to cover the full cost of medical care. You are responsible for making sure the provider's bills get paid. These benefits are paid in addition to any other health coverage you may have. This material is for information only. Insurance plans contain exclusions and limitations. Not all health services are covered, and coverage is subject to applicable laws and regulations, including economic and trade sanctions. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features, rates, eligibility and availability may vary by location and are subject to change. Providers are independent contractors and are not agents of Aetna®. Aetna does not provide care or guarantee access to health services. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to [Aetna.com](https://www.aetna.com).

Sinai Chicago



Non-Discrimination Notice

Aetna complies with applicable Federal civil rights laws and does not discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, or disability.

Aetna provides free aids/services to people with disabilities and to people who need language assistance. If you need a qualified interpreter, written information in other formats, translation or other services, call 1-888-772-9682.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:

Civil Rights Coordinator, P.O. Box 14462, Lexington, KY 40512
1-800-648-7817, TTY: 711, Fax: 859-425-3379, CRCoordinator@aetna.com.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at 1-800-368-1019, 800-537-7697 (TDD).

Availability of Language Assistance Services

TTY: 711

For language assistance in your language call 1-888-772-9682 at no cost. (English)

Para obtener asistencia lingüística en su idioma, llame sin cargo al 1-888-772-9682. (Spanish)

欲取得以您的語言提供的語言協助，請撥打1-888-772-9682，無需付費。(Chinese)

Pour une assistance linguistique dans votre langue, appeler le 1-888-772-9682 sans frais. (French)

Para sa tulong sa inyong wika, tumawag sa 1-888-772-9682 nang walang bayad. (Tagalog)

Hilfe oder Informationen in deutscher Sprache erhalten Sie kostenlos unter der Nummer 1-888-772-9682. (German)

للمساعدة اللغوية بلغتك الرجاء الاتصال على الرقم المجاني 1-888-772-9682. (Arabic)

Pou jwenn asistans nan lang pa w, rele nimewo 1-888-772-9682 gratis. (French Creole)

Per ricevere assistenza nella sua lingua, può chiamare gratuitamente il numero 1-888-772-9682. (Italian)

日本語で援助をご希望の方は 1-888-772-9682 (フリーダイヤル) までお電話ください。 (Japanese)

본인의 언어로 통역 서비스를 받고 싶으시면 비용 부담 없이 1-888-772-9682번으로 전화해 주십시오. (Korean)

برای راهنمایی به زبان شما با شماره 1-888-772-9682 بدون هیچ هزینه ای تماس بگیرید. (Persian)

Aby uzyskać pomoc w swoim języku, zadzwoń bezpłatnie pod numer 1-888-772-9682. (Polish)

Para obter assistência no seu idioma, ligue gratuitamente para o 1-888-772-9682. (Portuguese)

Чтобы получить помощь с переводом на ваш язык, позвоните по бесплатному номеру 1-888-772-9682. (Russian)

Để được hỗ trợ ngôn ngữ bằng ngôn ngữ của bạn, hãy gọi miễn phí đến số 1-888-772-9682. (Vietnamese)
