

Voluntary Short-term Disability Insurance

# The Lincoln Shortterm Disability Insurance Plan:

- Provides a cash benefit when you are out of work for up to 24 weeks due to injury, illness, surgery, or recovery from childbirth
- Features group rates for employees
- Provides a partial cash benefit if you can only do part of your job or work part time
- Offers a fast, no-hassle claims
  process

Westchester Medical Center Health Network

## **Benefits At-A-Glance**

All Full-Time and Regular Part-Time Eligible Employees

Voluntary Short-term Disability			
Weekly benefit amount	60% of your weekly salary, limited to \$2,000 per week		
Sickness elimination period	14 days		
Accident elimination period	14 days		
Maximum coverage period	24 weeks		

**Sickness Elimination Period:** You must be out of work for 14 days due to an illness before you can collect disability benefits. You can begin collecting benefits on day 15.

Accident Elimination Period: You must be out of work for 14 days due to an accidental injury before you can collect disability benefits. You can begin collecting benefits on day 15.

### **Recurrent Disability Benefits**

If you become disabled for the same condition within 14 days following your prior disability, your benefits will continue under the same claim.

Additional Plan Benefits		
Benefits Integration	Included	
Rehabilitation Assistance	Included	
Family Income Benefit	Included	
Portability	Included	

#### **Evidence of Insurability**

• When you are first offered this coverage (and during approved open enrollment periods), you may be able to take advantage of this important coverage with no evidence of insurability (proof of health).

#### **Pre-existing Condition**

• If you have a medical condition that begins before your coverage takes effect, and you receive treatment for this condition within the three months leading up to your coverage start date, you may not be eligible for benefits for that condition until you have been covered by the plan for 12 months.

### **Benefit Exclusions & Reductions**

Like any insurance, this short-term disability insurance policy does have some exclusions. You will not receive benefits if:

- Your disability is the result of a self-inflicted injury or act of war
- Your disability occurs while you are committing a felony or misdemeanor or participating in a riot
- Workers' Compensation

Your benefits may be reduced if you are eligible to receive benefits from:

- Sick pay from your employer
- A state disability plan or similar compulsory benefit act or law
- A retirement plan
- Social Security
- Any form of employment

This is an incomplete list of benefit exclusions. A complete list is included in the policy. State variations apply.

This is not intended as a complete description of the insurance coverage offered. Controlling provisions are provided in the policy, and this summary does not modify those provisions or the insurance in any way. This is not a binding contract. A certificate of coverage will be made available to you that describes the benefits in greater detail. Refer to your certificate for your maximum benefit amounts. Should there be a difference between this summary and the policy, the policy will govern.

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# Voluntary Short-term Disability Premium Here's how little you pay with group rates.

Use the employee voluntary short-term disability premium rate table provided to below to calculate your cost and benefit. The following example calculates the monthly cost for a 36-year-old with annual earnings of \$35,400. Note: The maximum weekly covered earnings are equal to the maximum weekly benefit divided by the benefit percentage.

Calculati	on Example	Example	You
Step 1	Enter the monthly rate per \$10 of weekly benefit.	\$0.771	
Step 2	Enter your weekly earnings. <i>Divide your annual earnings</i> by 52.	\$681	
Step 3	If your weekly earnings are greater than the <b>maximum</b> weekly covered earnings of \$3,333 earnings amount, indicate \$3,333. Otherwise, indicate the amount from Step 2.	\$681	
Step 4	Calculate your weekly benefit. Multiply Step 3 by 0.60.	\$409	
Step 5	Enter your weekly benefit in increments of \$10. <i>To</i> calculate, divide the amount in Step 4 by 10.	40.9	
Step 6	Calculate your monthly cost. Multiply Step 1 by Step 5.	\$31.53	

Age Range	Premium Rate
0 - 29	\$0.597
30 - 34	\$0.735
35 - 39	\$0.771
40 - 44	\$0.828
45 - 49	\$0.822
50 - 54	\$0.835
55 - 59	\$0.850
60 - 64	\$0.850
65 - 69	\$0.851
70 +	\$0.489

This worksheet allows you to approximate your monthly contributions for voluntary short-term disability insurance coverage. Cost of insurance may change in the future due to age and/or coverage amount elected.